

PROCEDURE TO ENLIST FOR KIDNEY TRANSPLANT

NAVE JIVIT – NEW LIFE

DECEASED DONOR TRANSPLANT PROGRAM

My Doctor advised kidney transplant....where do I go!!????

- ONLY KIDNEY transplant (Living donor & Cadaveric donor) facility is available in Goa currently.
- If you have been advised a kidney transplant by your family doctor, you are required to contact the transplant nephrologist/urologist of the registered transplant hospital of your choice.
- The registered hospitals performing kidney transplant are Goa Medical College & Hospital in the public sector and in the private sector Manipal Hospital & Healthways Hospital.
- The nephrologist will discuss with you & your family about your clinical condition, the course of disease progression and explore treatment options (including living donation from family member – parents, siblings, spouse, grandparents & grandchildren) with its risks and benefits, outline accordingly the plan of care & cost of transplant.
- In case you choose to undertake a kidney transplant and express your wish to be enlisted for the deceased donor kidney transplant, the following process in order to ensure that you are a fit candidate for transplant will ensue.
- Nephrologist & Urologist will evaluate you through clinical examination and investigations (biochemistry, hematology, virology, immunology and radiology).
- Opinion and fitness from other relevant specialties will also be obtained.

CONTACT TRANSPLANT NEPHROLOGIST/UROLOGIST

What is the criteria for registration for Deceased Donor Kidney Transplant?

- ✓ Person having CKD stage 5 on regular maintenance dialysis for 3 months
- ✓ Person of any age group – NO upper age limit
- ✓ Person having NO matching/willing living donor
- ✓ Person can be a resident of any State/UT in India - NO need of domicile
- ✓ Person should be NEGATIVE for viral infections - Hepatitis B,C & HIV
- ✓ Person should not have an absolute contraindication for renal transplant, as given under:
 - Advanced untreatable cardiovascular disease
 - Irreversible cerebrovascular accident
 - Inoperable malignancy
 - Untreatable major psychiatric illness (to be certified by a psychiatrist)

* Important clarifications

- a. In case of pediatric patients, kindly confirm with transplant hospital for availability of pediatric transplant.
- b. Registration is permitted ONLY IN ONE hospital of the state.
- c. However, he/she can change the hospital at any stage and his/her allocation scoring and seniority in SOTTO Goa waiting list will not change.
- d. Patient can be registered for deceased donor even though patient is waiting for living donor transplant.
- e. Prevailing international norms are followed by the nephrologist for judging the medical fitness and suitability of a patient for placement on cadaver transplant list

REGISTRATION IS FREE OF COST- NO FEE IS COLLECTED BY SOTTO GOA

My transplant physician has certified me as fit candidate for kidney transplant.....who will register on NAVEJIVIT waitlist?

- ✓ Contact the Hospital Transplant Coordinator.
- ✓ Hospital Transplant Coordinator will complete the registration formalities as per the approved format & upload it on the SOTTO Goa PRODS software.
- ✓ On approval, a unique SOTTO Goa NAVEJIVIT registration number is generated which will be intimated to you by the Hospital Transplant Coordinator. You can visit our website www.sotto.goa.gov.in and track your rank on the waiting list by clicking on the tab 'Patient Ranking'
- ✓ Documents to be submitted: (Self attested as True copy, wherever applicable)
 - Letter from nephrologist that patient is candidate to be enlisted in the NAVE JIVIT SOTTO Goa waiting list.
 - Photo (1 Passport Size Photo)
 - Identity proof (AADHAR Card/Voter Card/PAN Card/Passport/Driving Licence)
 - Proof Of Age
 - Blood Group Report
 - Serology Report – viral markers Hepatitis B,C & HIV
 - Proof Of First Dialysis (e.g. dialysis summary or discharge summary)
 - Proof of AV Fistula/Graft/CAPD that has failed (e.g. doppler report or surgical notes or discharge summary)
 - Proof of any near relative being a deceased organ donor
 - Proof of previous kidney transplant which has failed

CONTACT HOSPITAL TRANSPLANT COORDINATOR

How is the score generated on the SOTTO Goa NAVEJIVIT waitlist?

PRIORITY CRITERIA FOR KIDNEY TRANSPLANTATION

- a. *Failure of Dialysis Access AV Fistula/Graft/CAPD.2 for every fistula failure(max upto 1.0)
- b. Age at the time of enlisting Up to 18 years – 3 points, 19 yrs -45 yrs -2 points, >45 years -1 point
- c. Period on Dialysis 0.1 for every month on dialysis
- d. Period of Registration 0.1 for every month since registration
- e. *Previous failed Kidney Grafts 2 if within 1 year of transplant and 1 if later
- f. *Near relative (as per definition of THOTA) of previous 5 points if you are 1st degree relative of BSD donor deceased donor now requiring kidney transplant
- g. *Previous Living Donor now requiring a kidney transplant 10 points if you were a living donor yourself

Score at time of registration = a+b+c+d+e+f+g

- As applicable *

Score updates on a monthly basis from time of registration

How is the rank generated on the SOTTO Goa NAVEJIVIT waitlist?

- NAVEJIVIT waitlist is maintained by SOTTO Goa
- Waitlist is Blood group-wise and hospital wise
 - Blood Group A,B,O and AB are the 4 major blood groups.
 - Transplant Hospitals e.g. GMC, Manipal Hospital, Healthways Hospital
- Depending on your priority score, your rank on the waitlist is generated
- The rank can change under the following circumstances:-
 - Updation in your scoring criteria e.g. AV fistula failure or transplant failure
 - New patient who is more critical than you has been enlisted
 - Patients before you have been rendered INACTIVE (medically unfit/expiry)
 - Patients before you have been transplanted
 - Donor age matching is done
- ACTIVE status means that you will **BE** considered for allocation if donor available
- INACTIVE status means that you will **NOT** be considered for allocation if donor available
- You can visit our website www.sotto.goa.gov.in and track your rank by entering the unique SOTTO ID number provided to you by the hospital transplant coordinator on registration.

How is the kidney allocation done ?

- SOTTO Goa does the kidney allocation.
- Kidney allocation is as per donor Blood group A,B,O and AB
- Donor age matching is done by addition of 2 points to the current score of the age matched recipient (3 age groups : up to 18 years, 19-45 years ,above 45 years)
- Kidney allocation depends on which hospital the donor is
 - If donor is at GMC, then the patients enlisted on GMC waitlist are allocated and if no patient available at GMC, then the kidney goes to the combined Manipal & Healthways private hospital pool.

If donor is at Manipal/ Healthways hospital, then the patients enlisted on Manipal/ Healthways hospital waitlist are allocated and if no patient available at Manipal/ Healthways list, then the kidney goes to the combined private hospital pool.
If no patient available in the other private hospital waitlist, then kidney is allocated to GMC list.

“ORGAN IS FREE OF COST”

KIDNEY ALLOCATION DEPENDS ON WHICH HOSPITAL THE DONOR IS

POINTS TO TAKE NOTE

- ONLY KIDNEY TRANSPLANT FACILITY IS AVAILABLE IN GOA
- CONTACT TRANSPLANT NEPHROLOGIST OF REGISTERED TRANSPLANT HOSPITAL OF YOUR CHOICE
- UNDERSTAND THE FINANCIAL IMPLICATIONS IN THE TRANSPLANT SURGERY & POST TRANSPLANT MEDICATIONS & COMPLIANCE TO DOCTORS ADVICE
- REGISTRATION ON THE NAVEJIVIT WAITLIST IS FREE OF COST
- ALLOCATION BY SOTTO IS FREE OF COST
- ALL QUERIES MAY BE DIRECTED TO THE HOSPITAL TRANSPLANT COORDINATOR WITH THE SOTTO UNIQUE ID, YOU CAN TRACK YOUR RANK website www.sotto.goa.gov.in
- IF DONOR IS AVAILABLE, THE HOSPITAL TRANSPLANT COORDINATOR WILL CONTACT YOU & ADVICE ACCORDINGLY

THANK you